

dōTERRA[™] Serenity

Calming Blend 15 mL

dōTERRA

PRODUCT INFORMATION PAGE



Application:



Ingredients:

Lavender Flower, Sweet Marjoram Leaf, Roman Chamomile Flower, Ylang Ylang Flower, Hawaiian Sandalwood essential oils and Vanilla Bean Absolute.

Aromatic Description:

Sweet, warm, powdery

PRODUCT DESCRIPTION

dōTERRA Serenity essential oil blend has a calming and relaxing aroma that soothes the soul, providing a safe haven from life's daily stressors. The essential oils in this must-have blend were meticulously chosen to lessen feelings of tension, calm emotions, and leave a peaceful feeling. dōTERRA Serenity is the perfect blend to diffuse at bedtime for a restful night's sleep, to calm a restless baby or child, or to help reduce the worry and stress so many of us feel. Serenity combines the soothing scents of Lavender, Marjoram, Roman Chamomile, and Ylang Ylang with the warming aromas of Hawaiian Sandalwood and Vanilla Bean to create a prized essential oil blend that every home, family, and individual needs.

USES

- Apply to bottoms of feet at bedtime to help wind down before going to sleep.
- Add 2–3 drops into a warm bath with epsom salts to create a peaceful, renewing aroma.
- Diffuse to help promote relaxation and decrease stress.
- Apply to an aromatherapy necklace to help reduce anxious feelings throughout the day.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of your choice.

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Creates a perfect escape with its calming, renewing fragrance
- Promotes relaxation and a restful sleeping environment
- Diffuses into a subtle aroma, ideal for relaxation
- Lessens feelings of tension and calms emotions

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Part Number: 31090001
Wholesale: \$30.00
Retail: \$40.00
PV: 30

